

# COLLEGE AND CAREER READINESS TRAINING

Are You Ready for **Life**  
After High School?



## **College and Career Readiness Training for Deaf and Hard of Hearing Teens**

It can be overwhelming and difficult to decide what to do after high school. Throughout this training, the participants will gain a clear understanding of what college and career readiness means. They will also discover which crucial skills are necessary to be college and career ready.

### **Objectives:**

1. Participants will explore the various choices students have after high school (two and four year college, technical/trade school, career).
2. Participants will discuss examples of steps to take during and after high school in order to become a successful adult - based on the presenters experience.
3. Participants will be able to examine valuable skills students need to develop in order to thrive and be ready for college and/or their career.
4. Participants will discover the importance of self-advocating along with balancing school work and their social life as a college student.
5. Participants will learn more about Gallaudet University and get a glimpse of why some deaf and hard of hearing students decide to attend.
6. Participants will have an opportunity to take a career quiz for guidance with potential future careers.

### **Recommended Participants:**

- High school students, parents/caregivers, teachers, and other professionals.
- Vocational Rehabilitation (VR) counselors or Rehabilitation Counselors for the Deaf (RCDs) are encouraged to attend to share information about VR services and to offer support.

### **Timeframe**

Approximately 3-Hours